

Happy New Year!

1 message

Mon, Dec 30, 2024 at 8:11 PM



Peachy,

Happy New Year! Are you as excited as we are to start a new year? A few of our stores have some great clinics, runs, and events to help make 2025 your best year! Check them out below, and keep an eye out for more in the near future.

Holiday Hours:

December 31st: 10 am - 4 pm

January 1st: Closed

January 2nd: Regular store hours (vary by location)



SOCIAL RUNS

We have fun Social Runs from all of our locations and they're open to everyone and free of charge. Visit our [Social Run](#) page for a complete listing of our weekly runs!

EVENTS

New Year's Day Community Run & Walk

January 1st - Cumming City Center, 8:00 AM

Start the year with a run or walk and breakfast with our team! We will meet at the fountain at [Cumming City Center](#) at 8:00 am to start the year off strong! We welcome everyone of all ages and all fitness abilities! As a bonus, Los Rios Cantina will provide yummy breakfast burritos afterward! We hope to see you there for some miles of fun, food, and friendship! RSVP [here](#).

Ask A Dietitian with Adidas

January 16th - Brookhaven, 6:30 pm

Join us for a special event with Adidas and try out their new models that are now in stock! There will be giveaways and hot chocolate! We'll also have Alissa Palladino, a Registered Dietitian, talk about how to stay properly fueled in the winter (as well as talk about the benefits of hot chocolate). Receive 10% off your Adidas purchase or on any nutrition products at this event.

FEATURED RACES

Livvy's Love Run/Walk

January 18th - Stone Mountain, GA

The event will be held at historic Stone Mountain Park. Those who want to stroll around the mountain enjoying the beautiful scenery can choose a fun walk or a timed 5K or 8K run. Funds raised from this event will support Livvy's Love, Inc. foundation activities and projects. Register [online](#).



Polar Bear 5k

January 25th - Marietta, GA

This race will be one of the most enjoyable January, cold-weather runs you will ever participate in! The 37th Annual Polar Bear Run is a Peachtree Qualifier road race featuring a flat course in East Cobb County. Come enjoy this super fun winter race with the miles outdoors and the party indoors! Register [online](#).



RACE PARTNERSHIPS

- January 18th - [Livvy's Love Run 8k/5k](#)
- January 25th - [Polar Bear Run 5k](#)
- February 22nd - [Love Run 5k](#)

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BIG PEACH
RUNNING CO.

800 Peachtree St., Ste. B & C
Atlanta, GA 30308
Tel: 404.602.9903

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